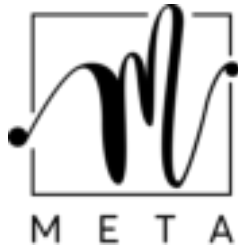


Do you know where your name came from?

Who gave you your name?

Do you think that names shape our personality?

If you had to change your name, what name would you choose?



How to listen?

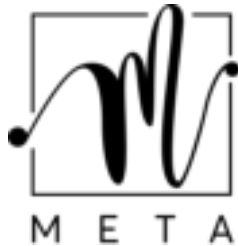
One of the best ways of learning how to practice speaking English, is to listen and read but that's not enough!

Here are some great ideas that always work.

While you are listening/reading a text, jot down keywords or phrases you hear/read.

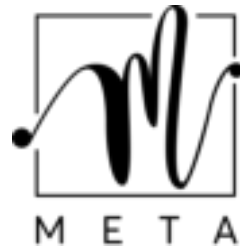
Don't overdo it, it's ok, you are here to practice you English and to create your own style of English speaking it in a correct way!

The aim of this lesson is to practise listening and summarising skills.



Listen and answer the question:

Who is Tu Morrow?

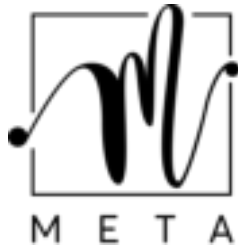


Listen again and answer these questions:

1. What does 13th February represent?
2. What is the most common influence in giving names?
3. What well known names appear in the text?

Paragraph 1

Do you like your name? Have you ever thought about changing it? Guess what? You can! There is one special day a year where you can change your name to whatever you wish. This brilliant idea was created for all those thousands of millions who don't like or hate their names, given to them by their parents and the worst about it, is we're stuck with it for the rest of their lives! That's so unfair, but, on this one special day, February the 13th, we have the right to ask our family and friends to call us with the name we wish. However, if you are determined to change your name permanently, you must change it legally and that's another story.



Paragraph 2

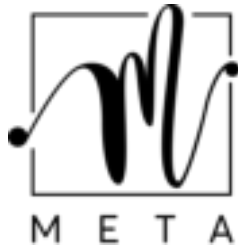
So where do we get our names from? The most common influence is, names given to us by our parents following tradition, most likely after a dear and most beloved grandparent. Some of us also have middle names, like Mary Jane, after the two grandmothers! Another huge influence is being named after a famous artist, singer or sportsperson. We have heard of names like Cristiano Ronaldo or Lionel Messi. There are people who have changed their names after changing their religion, other people have entered into witness protection programmes who had to change theirs for security reasons. A lot of people change their names for commercial purposes, for example actors want better sounding names, however some might have gone overboard, Rob Morrow called his daughter Tu, would you call your daughter Tu if your surname was Morrow?



Paragraph 3

Nowadays, famous people follow a trend of choosing names after things found in the natural world like flowers or gemstones, for example: Bluebell, Ivey or Pearl. Another thing seems to be emerging - two syllables names are also on the rise, for example: CoCo or SoSo.

What do you think of this? Do you think that this new epoch of our lives has changed our ways of thinking, even our names? Let us know about it in the comment box below this lesson, we're curious.



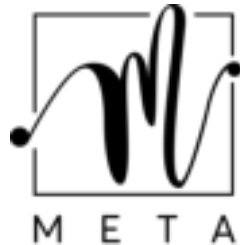
Here is an idea of how we summarize our listening. We listen and jot down what we remember, keywords or phrases; then we listen again and expand on our notes. Let's look at paragraph 1 together.

Your first try might be similar to this:

1st try: *one day / hate names / 13th February*

2nd try: *one day **a year** / **who don't like or hate their names** / 13th February*

3rd try: *one **special** day a year / who don't like or hate their names / 13th February / **the right to ask our family and friends***



Let's look at paragraph 1 together again. I've highlighted our keywords/phrases so you can see them in the context.

Do you like your name? Have you ever thought about changing it? Guess what? You can! There is one special day a year where you can change your name to whatever you wish. This brilliant idea was created for all those thousands of millions who don't like or hate their names, given to them by their parents and the worst about it, is we're stuck with it for the rest of their lives! That's so unfair, but, on this one special day, February the 13th, we have the right to ask our family and friends to call us with the name we wish. However, if you are determined to change your name permanently, you must change it legally and that's another story.



Now it's your turn. No cheating. 😊 Try this out!

Go to the second paragraph – jot down keywords/phrases and create your own summary.

Follow these steps:

1st Step: Listen to Paragraph 2

2nd Step: jot down any words you hear

3rd Step: listen again

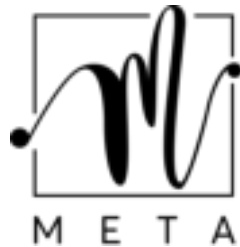
4th Step: jot down more words to go with the ones you already have

5th Step: Challenge yourself! You are now going to record yourself on your mobile summarising this paragraph.

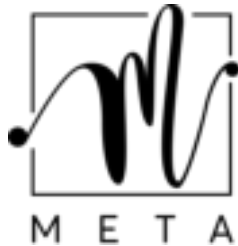


***If at first you don't
succeed,
Try and try again!***

***Listen and listen
again!***



T h a n k y o u



References:

- Names1: <https://unsplash.com/photos/JChRnikx0tM>
- Names2: <https://www.pexels.com/photo/jasper-alina-kevin-niklas-write-on-chalkboard-204997/>
- Jump: <https://unsplash.com/photos/cbzf97OrarY>

